



Rescue 2e leerjaar Wilderness

Medic First Aid

Eerste hulpverlener allround

Basisprincipes eerste hulpverlening

Veiligheid

Basis Levensreddende handelingen

Overige eerste hulpverlening

Nazorg

AED

Reanimatie

Wilderness First Aid

Sprains

Diabetes

Dislocations

Severe bleeds

Burns

Open and closed fractures

Abdominal injuries

Head and spinal injury

Chest injuries, including breathing emergencies

Hypothermia, and other environmental injuries

Eye injuries

Allergies

Scene survey

Primary survey

Secondary survey

Emergency shelters

Improvised stretchers

Team care

Patient advocacy

Fire lighting



Rope rescue

Raising and lowering

- Low angle rescue system Raise / Lower
- Forces
- Components- system
- Knots
- Steep angle rescue techniques
- Team roles
- Raise systems