



## **Rescue 3e leerjaar Wilderness.**

### **Medic First Aid**

Eerste hulpverlener allround

Basisprincipes eerste hulpverlening

Veiligheid

Basis Levensreddende handelingen

Overige eerste hulpverlening

Nazorg

AED

Reanimatie

### **Wilderness First Aid**

Sprains

Diabetes

Dislocations

Severe bleeds Burns

Open and closed fractures

Abdominal injuries

Head and spinal injury

Chest injuries, including breathing emergencies

Hypothermia, and other environmental injuries

Eye injuries

Allergies

Scene survey

Primary survey

Secondary survey

Emergency shelters

Improvised stretchers

Team care

Patient advocacy

Multiple casualty management

Critical incident stress

Fire lighting

### **Rope rescue**

Team Leadership

- Role

- Control



- Knowledge
- Briefing
- Communicating
- Debriefing

#### Raising and lowering

- Low angle rescue system Raise / Lower
- Forces
- Components- system
- Knots
- Steep angle rescue techniques
- Team roles
- Raise systems

#### **Search & Rescue**

Locate and transport of casualties.

Search in difficult terrain

Transport in difficult terrain